



## HOW CAN I GET HELP?

- ♥ Call or visit your nearest office (listing on back). Ask for a Bereavement or Grief Specialist.
- ♥ Log onto web site (listed on back). Click on Bereavement Services. Link to "Need Someone to Talk to."
- ♥ Write or call to request informational and inspirational materials be sent at no charge.

*It's About How You Live*



Call us today...

**VanWert/Mercer/Auglaize**

230 W. Main • Coldwater, OH 45828  
419.678.4808 or 800.584.9853 • Fax: 419.678.2809

**Shelby/Darke/Preble**

1350 N. Broadway • Greenville, OH 45331  
937.548.2999 or 800.417.7535 • Fax: 937.548.7144

**Adams/Jay/Delaware/Randolph/Wayne**

410 W. Votaw • Portland, IN 47371  
260.726.3220 or 800.527.0514 • Fax: 260.726.8109

[www.stateoftheheartcare.org](http://www.stateoftheheartcare.org)



# GRIEF SUPPORT



## **“WHEN YOU ARE SAD, EVERYTHING HURTS!”**

Bereavement Specialists, with many years of professional experience, provide grief support group sessions and one-on-one grief and loss support. Both adults and children benefit from agency services at no charge. Increasingly, grief specialists are viewed as an important resource for assisting community members and organizations deal with grief and loss issues.

### **Which services will help you most?**

- ♥ Adult grief support groups are regularly scheduled throughout the year.
- ♥ Children's grief groups are held at each office and in local schools throughout the year
- ♥ Schools benefit from utilizing Bereavement Specialists in times of school tragedies.
- ♥ Grief support sessions may be customized for loss of spouse, loss of child, men only, women only, veterans, or others with specific grief issues.
- ♥ Camp BEARable is an annual weekend summer camp for children and teens.
- ♥ Camp Harmony is a family camp sponsored by this agency, Children's Medical Center of Dayton, and Miami County Hospice.
- ♥ Grief Specialists are available for speaking engagements at your church or civic club, your school or medical staff, and others.



*“I couldn't have made it through the loss of my mother without the support of the caring staff at State of the Heart. They were there for me during difficult hours and continue to be a strong support in my life.”*

*- Daughter of Hospice Patient*



**STATE of the HEART**

